

## Contact Us...

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# Confirmation & Graduation Retreats

## The Person, Presence, and Power of the Holy Spirit

- Using Pentecost as a foundation, students will explore the Person, Presence, and Power of the Holy Spirit in their own lives
  - Through the use of a visual experiment with sand students will see the importance of leaving room for the presence of the Holy Spirit in their lives
  - Through a meditation, students will explore how the Holy Spirit is alive in them individually, as a group, and in the world
- Using creativity, students will create an Ad Campaign for the Gifts of the Holy Spirit (billboard, rap song, poem, song lyric, etc.)



## Using Media to Connect with Faith

- Using the Book of Psalms, students will explore the connection of their life today with the Israelites who sang to God expressing their joys, struggles, and fears
  - Students will select from a list of contemporary songs to identify how it can be a modern communication with God for them
  - Students will also explore how the Prime Time lineup can connect to their faith journey – for good or bad.
- Using the Box Office lineup or a list of Movies students will explore how they identify with various movie characters



Mount Manresa Jesuit  
Retreat House



## Youth Ministry at Mount Manresa 2009-2010



Mount Manresa  
Jesuit Retreat House  
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## A Partial Selection for Retreat Themes

### What Is Your Net Worth?

- Adaptable to most ages
- Using society's definition of self-worth with God's definition of our great worth.
- Growing in self-worth in light of Gospel values
- Utilizing scripture to examine our conscience

The importance of having a support system ready in case of emergency



### Many Colors, One God

- Adaptable to most ages
- Builds bridges between students of different schools, multi parish schools, different races, ethnicities, etc.
- Allows students to understand the value of diversity & how to celebrate it
- Identify diversity issues found in movies & real life situations.
- Understanding that we are all created in the image & likeness of God

### It's Cool To Be Catholic

- Ideal for Sophomores or Juniors
- Establishing pride in being Catholic
- Understanding the rituals and tradition of our faith
- Appreciating our Catholic prayers and devotions
- Understanding the liturgical year just a little better



### Micah 6 Retreat

- Adaptable to most ages, but preferable for Confirmation or Juniors
  - Building an awareness of critical peace & justice concerns in our local and global communities
  - Building empathy to step outside of their comfort zones
- Bringing the values of kindness & humility to our everyday relationships

## Seasonal Retreat Themes

### Advent: A Time of Waiting

- Adaptable for any age group
- Exploring the various waiting experiences of our own lives
- Commitment to actions and attitudes during the weeks of Advent
- How to create healthy waiting & holy living

### Using the Advent Wreath To Pray

- Ideal for Junior High Students
- Students can create their own Advent Wreath
- The conversations will focus on patience and waiting



### Desert Times: Jesus' and Our Own

- Ideal for an older group with maturity
  - Using the movie *Finding Nemo* as a guide students will explore connections between their experiences and Christian beliefs
- A talk is presented to students about choosing to act positively even when life feels heavy and challenging



### Were You There?

- Ideal for Junior High Students
  - A retreat based on the Stations of the Cross
  - Students will use creativity to identify with a character on the Road to Calvary
- Through meditation, students will "go to Calvary" and identify ways to bring the Resurrection to their own lives

### The Paschal Mystery: Circle of Life, Cycle of Faith

- Ideal for an older group with maturity
  - Using the movie *The Lion King* students will explore the circle of life and make connections with their own lives
  - A connection of the circle of life and the cycle of faith will bring the Easter spirit to the students
- The cycle of death leading to new life will also be explored

### Baptized with Water and the Spirit

- Ideal for Junior High Students
  - Using the Easter liturgies as a foundation, students will explore their own baptismal promises
  - A connection to our baptism and renouncing sin to profess our beliefs in the Catholic faith will also be presented
- An exploration of the Church's belief in God the Father, Jesus Christ, and the Holy Spirit.